Trinity Episcopal Church The Messenger



FROM THE RECTOR'S DESK

By now most of us have read or heard reports regarding the effect of the pandemic on people's mental and emotional health. Many of us may have experienced one or more symptoms of anxiety or depression related to our "new normal." It seems the root of anxiety is worry and stress caused ultimately by fear. Sometimes our fears lead to sort of a generalized anxiety about what could happen to our health, job, or relationships. The source of some fears, however, are specific. They include medical

problems, pain, loss, or financial setbacks. Treatment for anxiety may include various therapy treatments or medication. Some people are very intentional about practicing relaxation strategies to reduce their stress. Of course, many people of faith turn to the holy scriptures to address their fears. In fact, the issue of fear is repeatedly mentioned throughout the Bible because it has always been part of being human. We were created with the capacity for fear and worry. Often it is the unknown future that inspires us with fear - just because it is unknown. Many find comfort in the Psalms. I always liked Psalm 27:1 - "The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?" Our Lord spoke of fear frequently. "'Why are you anxious? Why are you so fearful?' asks Jesus. 'Be not afraid.'" Are not five sparrows sold for two pennies? Yet not one of them is forgotten in God's sight. But even the hairs of your head are all counted. Do not be afraid; you are of more value than many sparrows."

One resource I have found helpful is a devotional text I read recently called "A Morning Resolve." It reads: "I will try this day to live a simple, sincere, and serene life, repelling promptly every thought of discontent, anxiety, discouragement, impurity, and self-seeking; cultivating cheerfulness, magnanimity, charity, and the habit of holy silence. I will exercise economy in expenditure, generosity in giving, carefulness in conversation, diligence in appointed service, fidelity to every trust, and a childlike faith in God. In particular I will try to be faithful in those habits of prayer, work, study, physical exercise, eating and sleep, which I believe the Holy Spirit has shown me to be right. And as I cannot in my own strength do this, nor even with a hope of success attempt it. I look to thee, O Lord God my Father, in Jesus my Savior, and ask for the gift of the Holy Spirit."

In the midst of our anxiety, God speaks peace to us. May each of us hear that voice.

Blessings, Gene+

Senior Warden Report

The Vestry of Trinity Episcopal Church met at 7:00 via ZOOM conference on Wednesday, August 12,2020 Those logging in were Joe Burke, Cherry Beasley, Holt Moore, Milissa Cox, Candy Borbet Floyd Locklear, Lynn Noble, Clyde McKee, Charles Anene, and Father Gene Wayman. Joe Burke presided and Fr. Gene opened with prayer. The minutes of the July meeting were approved.

Treasurer's Report — Milissa Cox

The church will receive an insurance settlement of \$54,648.22 for damage caused by the tree which fell on the Parish Hall roof. Repairs will cost roughly \$84,000. Milissa Cox suggested that the additional cost for repairs be taken from the General Fund. She noted that pledges so far this year are within \$2,000 of the amount received at this time last year, according to the Income and Expense Statement. A motion was made and passed to do so. The financial report was accepted.

Rector's Report — Fr. Gene

*The You-Tube service for Sunday, August 16, was recorded today in the church Sanctuary. It was very warm in there, due to the air conditioning not working properly.

*You-Tube services are still well-received and appreciated by parishioners, and many others outside our church. 20+ people are attending the outdoor service each Sunday.

*Fr. Gene has spoken with Jim and Eleanor Ebert, parishioners who are now residing at Wesley Pines in assisted living.

Senior Warden's Report and New Business — Joe Burke

*Bishop Skirving's visitation schedule for the year has been received. He will visit Trinity on December 13, 2020. Plans for his visit will depend on the COVID-19 status at that time.

*Senior Warden, Joe Burke, has received several requests from parishioners for a current church directory. A directory copy has been emailed to all parishioners from the church office.

*Construction progress on repairs is going well.

Junior Warden's Reports — Holt Moore

*There are problems with the Sanctuary A/C unit. One of the compressors has failed, possibly due to a coolant leak. There are multiple leaks, which will be costly to repair, besides the fact that our system uses the old Freon, which is no longer made. We have two options for the AC — Repair or replace. In the last two years a substantial amount of money has already been spent on repairs for our outmoded system. The unit will need to be replaced eventually, and the leak test on refrigerant piping comes with the installation of a new system, which does not use the old type Freon. Estimated cost for repair is \$2500 +, and for replacement, \$9,315. After discussion, the vote passed for replacement of the system.

COMMITTEE REPORTS:

Finance — Milissa Cox

Treasurer, Mike Brown, is getting information ready for the church audit, which will be done on August 25 or 28, by the Diocesan Auditor. Audits will be done for 2018 and 2019.

Stewardship — Charles Anene

The Senior Warden, Treasurer and Stewardship Chairman will prepare the letter to go out to parishioners regarding Stewardship for 2021. It was noted the coming year may be a difficult one financially for parishioners, due to the pandemic.

Outreach/Evangelism — Floyd Locklear

Joe Burke reported that Floyd Locklear is being considered to serve on the Lumberton Christian Care Board as the Trinity Episcopal Church representative.

Pastoral Care — Candy Borbet / Lynn Noble

No specific needs have been reported to Fr. Gene. Lynn Noble noted that parishioners she has called appreciate the opportunity to talk to fellow church members during this time of the pandemic.

<u>Christian Education</u> — Cherry Beasley The Social Justice and Healing Committee for the Diocese had its first ZOOM meeting this past Sunday.

<u>OLD BUSINESS</u> — Joe Burke *Trinity Staff evaluations are dueCherry Beasley has volunteered to complete these evaluations.

There being no further business, the meeting was adjourned.

Respectfully submitted,

Clyde McKee, Clerk

These minutes will be submitted to the Vestry for approval on September 9,2020.

Musically Speaking

I wanted to take a moment here at the beginning of September to thank each of you for your prayers of support and love while I'm going through my medical trials and upcoming surgery. Those prayers are appreciated mightily! I'm hoping to walk away from this in much stronger and better shape. I also wanted to thank each of you who have sent messages telling me how much it has meant to you to be able to have the video services ongoing, and how much you like the music, and Fr. Gene's fine sermons. With Lynn's work editing, the sermons, and music, it is keeping our church in touch, not only with our own members, but reaching the world at large.

Lastly I wanted to thank each of you who have made such nice comments on my recent concert at GPAC shared on my Facebook page. I was asked to do the video concert of all new music to open their season this year, since concerts cannot be done live in person. The words of support during this time are very much appreciated.

Mark



Military

Zeb Beasley / Cherry Beasley (Mother)

 Scott Cherichella / Carol McDonald (Friend) • Terri Biggerstaff / Chris Biggerstaff (Wife) Christian Cummings / Stan Knick (Friend) • Kevin Dyda / Stan Knick (Friend)
Antwone Gainey / Shane Donovan (Friend) • Brian Gibson / Cherry Beasley (Son-in-law)
John Gibson / Rosemary Gibson (Grandmother) • Jefferson Griffin / Annette Burk (Nephew)
Dakota Maynor / Shane Donovan (Friend) • Antonio Massol / Nikki Hansen (Friend)
Helena Massol / Nikki Hansen (Friend) • Charlie Noble / Lynn Noble (Son)
Kelvin Oxendine / Stan Knick (Friend) • Chris Simmons / Shane Donovan (Friend)

REPEAT PERFORMANCE THRIFT SHOP

Repeat Performance Thrift Shop will continue to remain closed due to COVID-19. The Board will review this decision at their August board meeting.

September Office Hours

Phone: 425-922-3442 Monday-Thursday (working from home, in Office as needed)

Please send all e-mails to trinityepiscopal 1202@gmail.com

September Birthdays

- 9/1 Andrea Mantovani
- 9/7 Leggette Odom III
- 9/11 Niklas Oxendine
- 9/14 Amy Abrams
- 9/17 Cherry M. Beasley
- 9/25 Mike Brown

Trinity Episcopal Church, August, 2020. Work to repair the roof continues. The parish hall ceiling is repaired, and the panels have all been taken down to be recovered. Painting of the ceiling is almost done, including a layer to reduce mold. The exterior shingles are on, and the office and lower areas are getting a PVC covering (the white you see above).

The air conditioner for the Sanctuary has been replaced, including the coils, and new freon put in. The temperature in the Sanctuary is returning to normal, which will allow the musical instruments to perform as expected. Extra heat and humidity causes the instruments to expand, contract, and wood to swell, taking them out of tune. Now that the temperature is returning to normal, they can be used as designed again.

Notes from Pastoral Care Committee:



We hope everyone is doing well, if you need anything, or have any concerns, please let us know. Contact us at trinityepiscopal1202@gmail.com, or call L ynn Andersen at 425-922-3442, and he will relay any messages. Thank you, L ynn Noble & Candy Borbet

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Andrea Mantovani				
6 14th Sunday after Pentecost 9am Outdoor	7	8	9	10	11	12
Service	Leggette Odom III		7:00 pm Vestry Meeting		Niklas Oxendine	
13 15th Sunday after Pentecost	14	15	16	17	18	19
9am Outdoor Service	Amy Abrams			Cherry Beasley		
20 16th Sunday after Pentecost	21	22	23	24	25	26
9am Outdoor Service					Mike Brown	
17th Sunday after Pentecos 9am Outdoor Service	27	28	29			



Our prayer List is divided into two parts. Those we pray for during Prayers of the People are placed on the list for immediate need and stay on for four weeks. Those with long term needs are placed on the Daily Prayer Intercessions. Each person listed is followed by the relationship they have to the church. Please call the office to update.

DAILY INTERCESSIONS

Mark Andersen (parishoner) • Cherry Beasley (parishoner) Don Billington (Stan Knick Father) • Ann Chaney (parishioner) Cody Cruise (parishioner) • Kerry DeVos (Rosemary Gibson Nephew) Eleanor Ebert (Parishioner) • Jim Ebert (parishioner) Nancy Evans (Donna Gage cousin) • Elizabeth Hall (Wayman friend) Jim Herring (parishioner) • Stan Knick (parishioner) Melba McCorkle (Jan Gane mother) • Leggette Odom (parishioner) Ruth Saunders • Ann Shiber (Milissa Cox) Harold Slagle (parishioner) • Milly Swayne (parishioner) Dick Taylor (parishoner)

SUNDAY INTERCESSIONS

Brooke Humphrey (Donovan) **Mike Waddell** (Lenore Taylor cousin)

Helpful Links

https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html

https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf

https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf

UNCP professor Cherry Maynor Beasley named American Academy of Nursing Fellow

PEMBROKE, NC – Dr. Cherry Maynor Beasley, an internationally recognized expert in public health and founding member and chair of UNC Pembroke's Department of Nursing, has been named a fellow in the American Academy of Nursing.

The fellowship is one of the highest honors in the nursing profession. Beasley is the first UNCP faculty member to ever receive the award. She joins an elite group, as only 2,700 distinguished nursing leaders worldwide have been given the honor.

"Not only is this an honor for me, but I consider that a major honor for our community," Beasley said. "Many of the people who are selected focus their efforts in urban communities and large research universities. This selection clearly demonstrates that nurses who work in a variety of settings are leaders in the profession. I want to specially thank Drs. Horns and Puentes for their nomination efforts. We all need others to mentor us and appreciate our work, and I am extremely honored that these two leaders in nursing recognized my work as important." Beasley, the Belk Endowed Professor for Rural and Minority Health, is among 230 nurse leaders in education, management, practice and research to join the 2020 Class of Fellows.

The American Academy of Nursing is a professional organization that generates, synthesizes and disseminates nursing knowledge to contribute to health policy and practice for the benefit of the public and the nursing profession.

Fellows are selected based on their contributions to advance the public's health. Induction into the academy is a significant milestone in nurse leaders' careers in which their accomplishments are honored by their colleagues within the profession.

